

Spend time working out with your *Kids!*



What better gift to give than the *gift* of health and fitness!

## HOLIDAY TEEN/STUDENT GROUP TRAINING MEMBERSHIP

**\$50 for 1 month\* / \$99 for 2 months\***

### Benefits to our Teen/Student Clients

- Quality time with Mom, Dad, Grandma, Grandpa...
- Lifelong commitment to an "active" lifestyle
  - Non-intimidating, fun atmosphere
- Enjoyment of a variety of movement forms
  - Challenging but fun physical activity
- Increasing awareness of lifestyle programs
  - Fitness for every BODY

**Northwest**   
**PERSONAL TRAINING**

[NWPPersonalTraining.com](http://NWPPersonalTraining.com) • [info@NWPPersonalTraining.com](mailto:info@NWPPersonalTraining.com)

1011 Broadway • 360.574.7292

\*Valid for teens of current clients only. 8-18 years old or valid student card. 8-15 year olds must be present with adult supervision or trainer.

